

IYO® International Yoga Organisation

YOGA GUIDE

IYO® Segment

IYO® International Yoga Organisation Registers IYS®-International Yoga School & IYT®-International Yoga Teacher worldwide. This registration happen by Law. This is sufficient to have clear understanding about the detailed information of IYS®-International Yoga School & IYT®-International Yoga Teacher is been on the website www.iyoworld.com of IYO® International Yoga Organisation.

IYO® affiliations of IYT®-International Yoga Teacher is of High Quality, And will be up to the satisfaction of the IYT®Teachers. The TTC(Teacher Training Course) IYT®Teachers, and their affiliation levels of this popular IYT® registration. In addition to the IYT® registration, there are many kinds of affiliation with IYO® illustrated with details in this file which might interest you.

The IYT® courses and affiliation would appeal all the IYS® & IYT® & prompt to start IYT® TTC courses to the Yoga students.



IYO® International Yoga Organisation

HistoryofIYO®

IYO® full form is International Yoga Organisation, in hindi its अंतअं र्राष्ट्री य योगा संगठन.

International Yoga Organisation IYO® is a Registered Affiliation body by GOVT OF INDIA, Govt of India Cert No-2952393986/4/12/2021, Yoga Registration Board Reg No-KA/2022/0314872(Under Central Govt of India Department), UNO NO- 6/12022-ECOSOC-NGO-UNO, Incorporation Number of Organisation BKIV/394/21-22, Government Organization ID-G17E83-2124541792331 Pledged with-INDIAN MINISTRY OF AYUSH,AYUSH SANJEEVNI MINISTRY MINISTRY OF COMMERCE,MINISTRY YOUTH AFFAIRS & SPORTS. Also, International Yoga Organisation IYO® is Registered with USA FEDERAL & UNO-UNITED NATIONS ORGANISATION.









Hon.Bala ji Sir

Founders of IYO® International Yoga Organisation आईवाईओ® अंतर्राष्ट्रीय योगा संगठन भारत सरकार

Born Yogi, Grand Master, Spiritual Guru, Hon. Bala ji Sir. belongs to one of the oldest lineage of Yoga from Himalayas. Under their guidance he is spreading the message of Yoga all over the world.

He is a Nationally and Internationally acclaimed Yogic Master, Spiritual beacon & Philosopher.He is the Founder, Chairman of IYO® International Yoga Organisation. He is makers of IYT®-International Yoga Teacher courses and affiliations in this world.











IYO® Relationship Team (



IYO®
Operational
Team

IYO® Technical Team IYO® Web Team



IYO® Dispatch Team IYO® Co-ordinator Team IYO® Accounts Team



IYO® Manage Team

VALID SLIDE

Course Affiliation List

IYT®-International Yoga Teacher 50 hours

IYT®-International Yoga Teacher 100 hours

IYT®-International Yoga Teacher 200 hours

IYT®-International Yoga Teacher 300 hours(Advance Level)

IYT® Diploma Programme in Yoga (With Syllabus & Examination)

IYT®-International Yoga Teacher 500 hours

IYT®-International Aerial Yoga Teacher

IYT®-International Wheel Yoga Teacher

IYT®-International Face Yoga Teacher

IYT®-International Chair Yoga Teacher

IYT®-International Kids Yoga Teacher

IYT®-International Yoga Chakra Analysis and Balancing Teacher

IYT®-International Reiki Meditation Teacher

IYT®-International Meditation Teacher

IYT®-International Yoga Teacher Prenatal/Post-Natal Yoga





	IYT®Meditation Course(50 hours)
IYT®M	TTC-Meditation Teacher Training Course(50 hours)
ľ	YT®Ayurveda & Yoga Awareness Programme
	IYT®-International Kids Focus Yoga Teacher
	IYT®Naturopathy Therapist 300 hours
	IYT®Naturopathy Consultant 500 hours
IYT®Anten	atal/Post Natal, Women Personal Health Yoga Teache
	IYT® International Yoga Therapy Teacher
	IYT® International Pranayam Yoga Teacher

IYT® International Power Yoga Teacher

IYT® International Nutrition Teacher



Course Affiliation List

IYT®-International Vinyasa Yoga Teacher
IYT®-International Ashtanga Yoga Teacher
IYT®-International Mens Wellness Teacher
-International Corporate Yoga Wellness Teacher
Γ®-International Psychotherapy Yoga Teacher
IYT®-International Hatha Yoga Teacher
IYT®.International Massage Theranist

IYT®-International Sound Therapy Teacher

Price list of Trackon Courier

Indian Destinations	To-Pay prices
West	150/- INR
North East	220/- INR
North	200/- INR
South	200/- INR
Outside the India	
the courier charges	
will be 2500/- extra	









Channels



Certificates are dispatched through Trackon Courier



www.iyoworld.com

The official website of IYO® International Yoga Organisation.

Detailed pages of IYS®-International Yoga School & IYT®-International Yoga Teachers world-wide. World's largest renowned community of Yoga Schools and Yoga Teachers.



www.iyonews.com

The official broadcasting Yoga news of tribune. World's first Yoga News Broadcasting website.



www.iyoads.com

The official broadcasting Yoga Ads of IYS®-International Yoga School & IYT®-International Yoga Teachers world-wide.



www.iytyogaambassador.com

The official pages of IYT® Yoga Ambassadors world-wide



www.iytyogabrandcreator.com

The official pages of IYT® Yoga Brand Creators worldwide

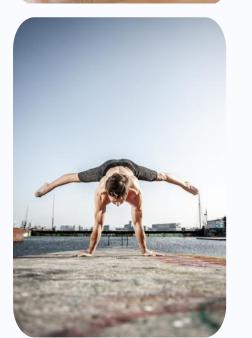


www.iytresume.com

The official page of IYT® Teachers for their Yoga Career. And posting the Yoga Resumes on getting Yoga Jobs in their respective segments.

World's first Yoga Jobs website.





www.iyoyogacompetition.com

The official page of Yoga competition by IYO® International Yoga Organisation to all the Yoga professional in this world.

This website is been used for Yoga competition for our Yoga lovers across the world. Any Yoga professionals can participate in the Yoga competition organized by IYO® International Yoga Organisation Team.







The official page of Yoga Listing, Profiles & Reviews of all Yoga Lovers organized by IYO® International Yoga Organisation to all the Yoga professional in this world. This website is been used for Yoga Listing for our Yoga lovers across the world. Any Yoga professionals can use in the Yoga listing organized by IYO® International Yoga Organisation Team.

YOGA FOR ALL An 1YO® Presentation

Free Campaigns





INTERNATIONAL YOGA ORGANISATION YOR

PRESENTS

INTERNATIONAL YOGA DAY 2022

WITH A SOCIAL SERVICE CAMPAIGN

"YOGA FOR ALL"

This year,IYO® International Yoga Organisation is touching

1,00,000 LIVES

with the Joy of Yoga

Link- https://www.iyoworld.com/events

DETAILS OF THE



(Ground, Hall, Arena) 1.Surya Namaskar Practice

- 2.Asana Practice
 - a) Hastottanasana b) Padahastasana
 - Santolanasana d) Padmasana
 - e) Vrikshasana
- 3.Breathing Practice(Pranayama)
- a) Anulom Vilom b) Bhastrika Pranayama c) Bhramari Pranayama
- 5.Benefits of Yoga

4. Meditation Practice 6.Interactive Sessions(Q&A) For further details contact us:- +91 9964029333 / 99642 90333 | Email: yoga@iyoworld.com, iyo@iyoworld.com



(Office, Classroom, Cabin) 1. Subtle practice (Sukshma Vyayama) 2.Breathing Practice(Pranayama)

- a) Anulom Vilom b) Bhastrika Pranayama c) Bhramari Pranayama
- 3. Silent Meditation Practice
- 4.Sitting Asana Practice
- a) Vajrasana b) Sukhasana
- d) Ardha Padmasana
- 5.Benefits of Yoga
- 6.Interactive Sessions(Q&A)











युवा कार्यक्रम और खेल मंत्रालय YOUTH AFFAIRS AND SPORTS

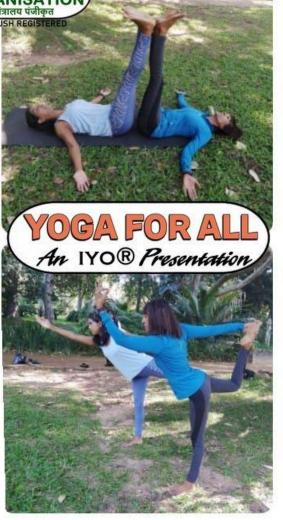




YOGA FOR ALL
An IYO® Presentation













YOGA FOR ALL An IYO® Presentation











YOGA FOR ALL An IYO® Presentation













युवा कार्यक्रम और खेल मंत्रालय MINISTRY OF YOUTH AFFAIRS AND SPORTS































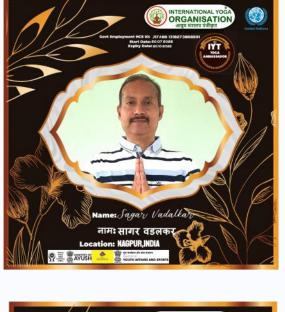


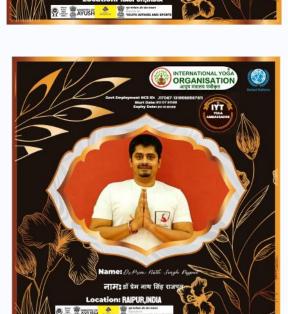










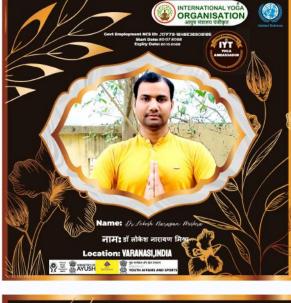












Name: Ena Kikani

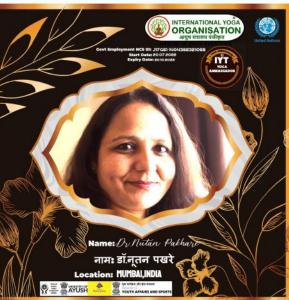
INTERNATIONAL YOGA ORGANISATION आयथ मंत्रातय पंजीकत











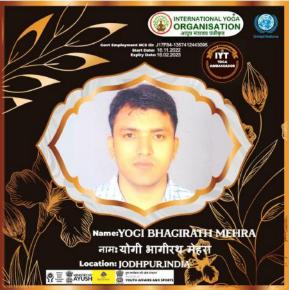


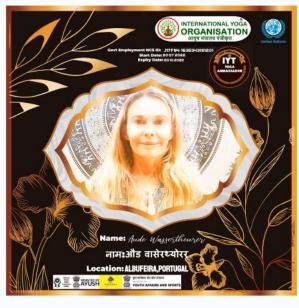












































































युवा कार्यक्रम और खेल मंत्रालय MINISTRY OF YOUTH AFFAIRS AND SPORTS



INTERNATIONAL TTC PROGRAM GUIDE



IYT® TTC AFFILIATION LIST	AFFILIATION FEES
IYT® 50 hours/IYT® 100 hours	2000/- INR
IYT® 200 hours (Basic Level)	3500/- INR
IYT® 300 hours(Advance Level)	3500/- INR
IYT® Diploma Programme in Yoga (With Syllabus & Examination)	3500/- INR
IYT® 500 hours(Master Level)	3500/- INR
IYT® International Aerial Yoga Teacher	2000/- INR
IYT® International Wheel Yoga Teacher	2000/- INR
IYT® International Face Yoga Teacher	2000/- INR
IYT® International Chair Yoga Teacher	2000/- INR
IYT® International Kids Yoga Teacher	2000/- INR
IYT® International Chakra Analysis and Balancing Teacher	2500/- INR
IYT® International Reiki Meditation Teacher	2500/- INR
IYT® International Pre/Post-Natal Yoga Teacher	2500/- INR
IYT® International Meditation Teacher	2500/- INR

INTERNATIONAL TTC PROGRAM GUIDE



IYT®Ayurveda & Yoga Awareness Programme	2500/- INR
IYT® International Kids Focus Yoga Teacher	2000/- INR
IYT®Naturopathy Therapist 300 hours	2500/- INR
IYT®Naturopathy Consultant 500 hours	2500/- INR
IYT®Antenatal/Post Natal, Women Personal Health Yoga Teacher	2500/- INR
IYT® International Yoga Therapy Teacher	2500/- INR
IYT® International Pranayam Yoga Teacher	2500/- INR
IYT® International Nutrition Teacher	2500/- INR
IYT® International Power Yoga Teacher	3000/- INR
IYT® International Vinyasa Yoga Teacher	2500/- INR
IYT®International Ashtanga Yoga Teacher	2500/- INR
IYT® International Mens Wellness Teacher	2000/-INR
IYT® International Corporate Yoga Wellness	2000/-INR
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INTERNATIONAL TTC PROGRAM GUIDE



IYT®International Yoga Psychotherapy Teacher	2500/- INR
IYT® International Hatha Yoga Teacher	3000/- INR
IYT®-International Massage Therapist	3000/- INR
EIYT®-Experienced International Yoga Teacher 1500 hours	5000/- INR
IYT®-International Shatkarma Yoga Teacher	1500/- INR
IYT®-International Sound Therapy Teacher	1600/- INR









<mark>युवा कार्यक्रम और खेल मंत्रालय</mark> MINISTRY OF

YOUTH AFFAIRS AND SPORTS



IYO® Affiliation





Affiliation Fees of IYS®-International Yoga School is 15000/- INR for Life time

Affiliation Fees of IYT®-International Yoga Teacher is 3500/- INR for Lifetime

NAME	DESTINATION	NAME	DESTINATION
Dr.Kavita Keshria	MUMBAI	Sushma Kumari	REWARI
Bakula Vyasa	HYDERABAD	Asmita Kamat	MUMBAI
Dr.Parmanad Agrawal	MUMBAI	Shreya Garg	BANGALORE
Aude Wassertheurer	PORTUGAL	Dr.Ram Mahalle	AMRAVATI
Anitha Atalaya	HYDERABAD	Rupa Chafekar	USA

NAME	DESTINATION	NAME	DESTINATION
Ankit Dubey	HYDERABAD	Dr.Mohini	PUNE
Dr.Manas Rajrishi	PRATAPGARH	Neelam Nagwani	RAIPUR
Shrruti A Ratnakar	BANGALORE	Dr.Vinay	HYDERABAD
Debjani Mishra	RANCHI	Govinda	VISHKAPATNAM
Dr.Aditya Jayant Jahagirdar	JALGAON	Orentsani Kikoni	DIMAPUR

NAME	DESTINATION	NAME	DESTINATION
Manoj Patidar	INDORE	Dr.Archana Sharma	DEWAS
Barun Kushwah	INDORE	Neelima Jain	GHAZIABAD
Acharya Kedarnath	PUNE	Gurnit Singh Dua	GURGAON
Rahul Das	RAIPUR	Gopal Krishna.T	BENGALURU
Ena Kikani	MUMBAI	Kavita Mohan	CHENNAI

NAME	DESTINATION	NAME	DESTINATION
Vinayak Talageri	HUBBALLI	Bhagirath Mehra	JODHPUR
Dhanajay More	PUNE	Shruti Mahajan	AMRITSAR
Dr.Prem Singh Rajput	RAIPUR	Bharati S	CHENNAI
Ritika Shah	AHMEDABAD	Pratima Rai	INDORE
Rajeev Pandey	NEW DELHI	Kamlesh Prajapati	JODHPUR

NAME	DESTINATION	NAME	DESTINATION
Seema Kaushal	GOBINDGARH	Guru Karan Singh	JODHPUR
Sujata Chakraborty	MUMBAI	Rajeshwari N	BANGALORE
Rakesh Shivalingappa Yadav	BANGALORE	Sandeep Thakur	KAKINADA
Shiva Kumar Rudraxi	HUBLI	Sachin Sakat	PUNE
Sandeep Dongre	MUMBAI	Sagar Malakar	RAIPUR

NAME	DESTINATION	NAME	DESTINATION
Kameshwari Gumma	VIZIANAGRAM	Dr.Nutan Pakhre	MUMBAI
Manish Jain	КОТА	Dr.Raunaque Sidana	MUMBAI
Ritu Kaushik	MUMBAI	Neeraj Singh	JAIPUR
Rashmi Sindkar	MUMBAI	Shobha Dhakar	MADHYA PRADESH
Dr.Malati Patil	PUNE	Dr.Aruna Gupta	JAIPUR

NAME	DESTINATION	NAME	DESTINATION
Rajesh Ramakant Pawar	MAHARASHTRA	Vaishali Aherkar	Mumbai
Dr.Nirav Joshi	SURAT	Suma Paniraj	Bangalore
Kalyani Joshi	BANGALORE	Shree Lekha .P	Bangalore
Debjani Mishra	Ranchi	Shobha Dhadkar	Indore
Akunuru Vijay Kumar	Hyderabad	Shiva Kumar Rudraxi	Hubli

NAME	DESTINATION	NAME	DESTINATION
Ritika Shah	Ahmedabad	Nita Mathuria	Mumbai
Raunaque Sidana	Mumbai	Neelima Jain	Delhi
Dr Premnath Singh Rajput	Indore	Manas Rajrishi	Pratap Garh
Poonam Bhatia	Surat	Hema Golpani	Ahmedabad
P Venkat.N. Reddy	Hyderabad	Guru Karan Singh	Jodhpur

NAME	DESTINATION	NAME	DESTINATION
Ena Kikani	Mumbai	Yogi Bhagirath Mehra	Jodhpur
Dr Nutan Pakhare	Mumbai	Purushottam Thathera	Didwana
Biju Anjankudi	Bangalore	Neelima Jain	Delhi
B.Usha Devi	Chennai	Yogini Indu Baghela	Jodhpur
Anitha Athyala	Hyderabad	Meghana Rawat	Gurgaon

NAME	DESTINATION	NAME	DESTINATION
Dr Pawan Kumar Gupta	Dehradhun	Rupa Chafekar	USA
Dr Raunaque Sidana	Mumbai	Ritu Sharma	Mumbai
Kameshwari Gumma	Vizianagaram	Priyanka Mandan	Austrailia
Er.Manish Jain	Kota	Akunuru Susheela Sri	Hyderabad
Tanisha Mahajan	Amritsar	K.D.Moksha Lasantha	Srilanka

NAME	DESTINATION
Meena singh	Shadol
Akunuru Manogna	Hyderabad
Khirsagar Malakar	Raipur







Additional Resources



IYO® Registration valid in 195 countries Certification Value Govt Certification IYT® certification in Jobs

Details of IYT® Registration



Certification Value Govt Certification

IYS® certification in conducting Teacher Training Courses for students and IYT® affiliations

IYT® Registration valid in 195 countries

Details of IYS® Registration





Browse www.iyoworld.com







Affiliation Worksheet

Benefits of IYT®-International Yoga Teacher

IYT®-International Yoga Teacher

IYT®-International Yoga Teacher

IYT®-International Yoga Teacher

IYO® provides 8 premium certificates with value added to all the IYT®-International Yoga Teacher acrossthe world.

IYO® certification is Govt certification with the Govt of India employment ID

IYT® certification is helpful in getting Yoga Teacher Jobs in Govt or Private sectors. On the basis of your performance only.





Affiliation Worksheet

Benefits of IYT®-International Yoga Teacher



IYT®-International Yoga Teacher

IYT®-International Yoga Teacher

IYO® is directly registered with UNO, hence the IYT® Govt certificate is valid in 195 countries.





Certification by IYO®







Upon completing the TTC course, IYO® International Yoga Organisation provides IYT® International Yoga Teacher,8 certificate copies, which is beneficial in getting Yoga faculty/expert/instructor, International Lead Yoga jobs in Govt sector & in Private sector.

Also, IYT® certification is valid in 195 countries.

For more, information, please read the IYT® benefit presentation above.

Contact Details of IYO®



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yoga@iyoworld.com



Bangalore & Pune